



GRATITUDE LOG

Celebrating Gratitude

list five things you're grateful for

1. _____

2. _____

3. _____

4. _____

5. _____

Things I'm grateful for

list three people that made your life happier

1. _____

2. _____

3. _____

Hard less I have learned

List three challenges and the lesson you learned

1. _____
What I've learned: _____

2. _____
What I've learned: _____

3. _____
What I've learned: _____

Greatest Memories

recall and write down you founest memories
